

# ADVANCED SHIPIBO ICARO

## 3-MONTH IMMERSION



### MONTH 1

**SATURDAYS July 30th - August 20th (8HRS)**

### MONTH 2

**SATURDAYS October 1st - 22nd (8HRS)**

### MONTH 3

**SATURDAYS November 12th - December 3rd (8HRS)**

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**Group 1: 10AM-12PM (Peruvian time)    Group 2: 2PM-4pM (Peruvian time)**

**PRICE: \$750 USD**

Questions: [michael@plantdieta.com](mailto:michael@plantdieta.com),  
[macarena.semillasdeluz@gmail.com](mailto:macarena.semillasdeluz@gmail.com)

## YOU WILL:

- Learn original icaros to inspire your vocabulary.
- Build a deep understanding of Shipibo-Konibo language to connect your song to your unique experience and medicine.
- Gain confidence in writing your own icaros taking into account song structure systems.
- Learn about the functions of song frequency, speed, and melody.
- Learn about Shipibo-Konibo medical cosmivision (body, mind, soul, universe).

## INCLUDES:

- Access to group online classes via Zoom.
- Access to recordings of each online class
- Access to special study materials
- Immersive experience with bilingual plant medicine practitioners.



*This course offers a deep-dive into Icaro language song, and structure. It is highly encouraged that you have some background in Shipibo language study and are able to journey with us for the following 3 months! Just like a plant dieta :) We will encourage you to start writing your own icaros.*

## MEET YOUR INSTRUCTORS:



Wexa Metsa is a Shipibo curandero born in the community of Roaboya, Loreto. He began his apprenticeship with his grandfather at 13 years old and later trained with his great aunt, Maestra Olivia Arevalo. At the age of 18, he began singing in his native language and using his knowledge of medicinal plants following the ancient Shipibo tradition. Today he leads Kushi Ayahuasca Retreat Center together with Macarena Arias

Macarena Arias is a Peruvian living in Ucayali and student of the Shipibo-Konibo language since 2016, . She began learning with Professor Eli Sánchez and continued through her work with Alianza Arkana and plant medicine with Manuela Mahua (Jakon Rate).

She is an artist, SE Practitioner, Expressive Arts Facilitator, and works with Wexa Metsa, at Kushi Ayahuasca Retreat Center.



# COURSE STRUCTURE

## MONTH 1

- Icaro 1: Nokon Bewa Pishaban, releasing your song!
- Language study around connecting to your voice, your doctors, and singing from your medicine.
- Study of song structure
- Study of song frequency
- Study of song rhythm and melody

## MONTH 2

- Icaro 2: Nokon Sama Netebo, connecting to your dieta!
- Language study around dieta structures, landscapes, decorations, and installations.
- Study of song structure
- Study of song frequency
- Study of song rhythm and melody

## MONTH 3

- Icaro 3: Koshi Arkana, arkanas and protections!
- Language study around dieta arkanas and general protection mechanisms
- Study of song structure
- Study of song frequency
- Study of song rhythm and melody